



Sinnissippi Centers, Inc.

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Dear Care Giver,

Amboy Junior High will be receiving a service from Sinnissippi Centers this year called Student Assistance Program (SAP). This program is multifaceted and works with the school policies and community organizations to improve a student's social and emotional well-being, the student's academic success, and the overall school environment. In the SAP program, the students' confidentiality is held in the highest regard. SAP works internally and externally by providing several services including the following:

- Screening and Interventions – Identifying the problem and assisting in planning the solution.
- Life Skills Work – Guiding students in order to assist them in improving study skills and gain confidence to attain their individual goals.
- Linkage and Referral – If needed the SAP provider will collaborate with community organizations to meet the individual's unique needs.
- Staff Training – Collaborating with school staff and working with policies to put a process of assistance in place for all individuals in your school system.

Sinnissippi Centers' Student Assistance Program has positively affected students, the school, and the community in many ways during the period of time they have been in other schools and communities. Some proven benefits have been:

- Improved social and coping skills among the students.
- Decrease substance misuse / abuse.
- Improved attendance, grades, and graduation rates.
- Reduced violent and aggressive behaviors.
- Improved attitudes towards youth with difficulties.
- Deflection of self-harm
- Improved communication between staff, students, parents, and the community.

Teachers, school staff and parents can make a referral to the SAP provider by filling out a referral form. Once the form is completed, the student and SAP provider will meet for an initial screening. Students can even refer themselves to SAP. Referrals can be made to Amber Grenda, the Junior High School counselor, or to Anne Hermes, Amboy Junior High's SAP counselor. Anne Hermes will be at Amboy Junior High, most Wednesdays from 9:30 am to 3:00 pm. If you have any questions or comments, please don't hesitate to contact us.

Sincerely,