

Amboy Girls Volleyball Camp

When: July 20 – July 24, 2009

Incoming 6th and 7th Grade Girls: 11am-1pm

Incoming 8th and 9th Grade Girls: 9-11am

Where: Amboy High School Gymnasium (Unless contacted to use Middle School Gym)

What: Volleyball Camp for girls entering grades 6th-9th and are interested in learning more about volleyball. Girls will be learning skills in passing, setting, hitting, and serving to prepare them for their upcoming season. They will learn the fundamentals of the game while learning to play as a team and have fun in the process. This camp is in addition to the camp offered by the middle school coaches and should not be used as a replacement to the middle school volleyball camp.

Who: High School Volleyball Coaches – Coach Cocar and Coach Nehring

Cost: \$25 for the week. Includes T-Shirt.

Due Date: Please mail registration:

By June 1st to:

Volleyball Program

Amboy High School

11 E Hawley St.

After June 1st to:

Janet Nehring

1215 Elm Place

Dixon, IL. 61021

Questions? Call Coach Cocar at 815-288-7828 or Coach Nehring at 815-440-8782.

Volleyball Camp Registration Form

Name: _____ Grade in Fall 2009: _____

Address: _____

Home Phone: _____ Emergency Contact Name: _____

Relationship: _____ Contact Phone #: _____

T-Shirt Size (Circle One): Adult Sizes: S M L XL

For Registration to be completed:

Sign and Return Wavier of Insurance (on back)

Include Payment of \$25 by July 1, 2009

Make Checks Payable to “Amboy HS Volleyball”